We are looking for a Relay Team on June 10, 2023

(please arrange it among yourselves)

Prename	Name	Address	Birthday	E-mail	Tel.-Nr	Comments	Status
Daniela	Aidley		23.04.1976	mail@daniela.org.uk	017630147199	Considering taking part in the 2-person relay, but still need a running partner. I'm a slow runner with the main goal of "persevering and arriving"; I've run two marathons so far, but would now like to try something longer.	
Ulrich	Haupt	Bayreuth	24.10.66	karaya2001@freenet.de	01724299015	Would be interested in the 10 relay, also like to run 2 sections. For another (short section) my partner would also jump in.	
John	Stade		10.04.1980	john.stade@gmx.de	01703029693	Here are two runners who would like to run the 10-runner relay. Section doesn't matter. We would want to fill teams or join a team together. Best regards	

Lüneburger
Heide-Staffellauf
und Ultra-Marathon
100 km